

15 Newport Lane Thermostat Settings

Updated 04/14/2022

	Up	Work	Home	Sleep
Summer Cooling	02:00 DST	05:45	14:45	22:30
Weekdays	73 F°	73 F°	73 F°	75 F°
	02:00 DST	05:45	14:45	22:30
Weekend	73 F°	73 F°	73 F°	75 F°
Winter Heat	03:00 EST	08:45	14:30	23:00
Weekdays	72 F°	72 F°	72 F°	70 F°
	03:00	12:00	16:00	23:00
Weekend	72 F°	72 F°	72 F°	70 F°

DST = Daylight Saving Time 2nd Sunday in March Spring ahead 1hour

EST = Eastern Standard Time 1st Sunday in November Fall Back 1 hour

Thermostat time is always Eastern Standard Time